

# Lolo School District

**000024 - Hidden Treasurer Muffins :**

HACCP Process: No HACCP Process

Number of Portions: 50

Size of Portions: each

020081 WHEAT FLR,WHITE,ALL-PURPOSE,ENR,BLEACHED...	1 lb + 7.045267 ozs
020038 OATS.....	8.230453 ozs
019334 SUGARS,BROWN.....	5.761317 ozs
018369 LEAVENING AGENTS,BAKING PDR,DOUBLE-ACTIN....	3 Tbsp + 0.875 tsp
002047 SALT, TABLE.....	1.25 tsp
009298 RAISINS,SEEDLESS.....	13.16872 ozs
012155 WALNUTS,ENGLISH.....	2.469136 ozs
001079 MILK,RED FAT,FLUID,2% MILKFAT,W/ ADDED V.....	3.25 cups + 0.5 Tbsp
001123 EGG,WHOLE,RAW,FRESH.....	6.584362 large
001001 BUTTER,WITH SALT.....	3.292181 ozs
009020 APPLESAUCE,CND,SWTND,WO/SALT.....	6.584362 ozs
019300 JELLIES.....	13.16872 ozs
900325 MARGARINE-LIKE SPRD,(APPROX 40% FAT),COR.....	3.292181 ozs

\*Nutrients are based upon 1 Portion Size (each)

Calories	170 kcal	Cholesterol	33 mg	Protein	3.98 g	Calcium	89.91 mg	24.47%	Calories from Total Fat
Total Fat	4.62 g	Sodium	204 mg	Vitamin A	51.2 RE	Iron	1.27 mg	8.77%	Calories from Sat Fat
Sat Fat	1.65 g	Carbs	29.33 g	Vitamin A	176.9 IU	Water <sup>1</sup>	29.23 g	*N/A*	Calories from Trans Fat
Trans Fat <sup>1</sup>	*N/A* g	D. Fiber	1.34 g	Vitamin C	0.4 mg	Ash <sup>1</sup>	1.35 g	69.11%	Calories from Carbs
								9.39%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.